

SUCCESS CONNECTIONS

A publication of the Women's Success Network

March 2006

The March 1 menu
appears on page three

Networking 6:00 pm
Dinner 6:45 pm

WSN:
Women Helping Women
- Both Professionally
and Personally

The 2006 *Connection*,
WSN's membership
directory, is available at
monthly meetings. To
have a directory mailed to
you, contact Membership
Chair Wendy Juergens at
membership@wsninc.org
There is a \$2.00 fee.



Women's Success Network

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For on-line information about
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check our website:
www.wsninc.org

March 1: Freeing Yourself to Succeed

Managing Yourself and Others for Maximum Performance and Fun

With the baby boomers regrouping for working longer, but in ways that fit them better, the ranks of free agency (now more than 1/3 of Americans) will swell even more. "Freeing Yourself to Succeed" will be the theme for WSN's March 1st meeting (Lafayette House, Foxboro), with career-development expert Barbara Reinhold, Ed.D. The author of two books, Dr. Reinhold is committed to helping individuals and organizations figure out how to keep people enjoying their work and feeling maximally productive – to

everyone's advantage!
She will discuss 10 essential strategies for succeeding. You will learn which type of free agent you are – - spirit, imaginer, rebel (or one of three other types) - and why it matters to your success. She will also discuss how to become an intrapreneur (getting creative within someone else's company), and how you can develop a sidecar venture to satisfy your creative needs and/or transition to more rewarding work.

Dr. Reinhold has worked with women of all ages, as the former

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Getting to Know Each Other . . .

We are known for much more than our 9 to 5 livelihood. When someone asks "who are you and what do you do?" What is your non-business answer? Send a brief e-mail to newsletter@wsninc.org.

• **Cathy Wesalowski:** My husband and I have been Norfolk residents for over 20 years. I am a proud mother of a son, 23, who graduated this December with a 3.4 average (marketing) from Hofstra University. My almost 12-year-old daughter keeps us on the move. Since retiring from Boston Scientific, I have received my degree in early childhood education. I own and run a jumpstart preschool, as well as work for N.E. Schooner Mortgage as a mortgage consultant. I am a member of a book group, NCL, Norfolk TPA,

and was inducted into the Norfolk Lions Club in January. I enjoy traveling, reading, golf, cooking, walking, and CSI Las Vegas.

• **Margot Rivelis:** My real job is teaching nursery school and making jewelry was a hobby, but in reality it brings in more money than my teaching job. I have two elementary age children and a husband of 16 years. At my Temple, I teach 2nd grade religious school, I help with the gift shop, I'm on the membership team and I'm the treasurer of our Temple's sisterhood. I'm the president of our local chapter of Hadassah. I've taken kung fu for one year and in the leadership

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From Your Chair

There are good reasons why Table Topics is one of WSN's most popular meetings! It's fun, it's informative, and members get to chose their topic of interest. Our February meeting saw close to 90 members thoroughly enjoying learning about everything from jewelry making to estate planning - and then some. Many thanks to our table leaders - they did an outstanding job! And thanks to all of you for being gracious in helping us to deal with the meal mixup.

New in this issue of the newsletter is the "Getting to Know You" column. A number of you have responded - and we're expecting many more will want to be included in next month's column. This is a fascinating new feature - it's exciting to get to know each other on a more personal level. Keep your entries coming, but please try to keep your write-ups brief - otherwise we may have to edit significantly due to space constraints.

A reminder that WSN always needs volunteers - especially Ambassadors and Scholarship team members. Please speak to Michelle Raymond if you're available to meet and greet visitors at monthly meetings. And please see Donna Goulart if you can lend a hand at the scholarship table - both organizing donations and selling tickets. Plus, watch your next newsletter for details on Board positions that will be opening up in June.

Congratulations to our Reservations Co-chair, Jennifer Taddeo, who had her baby on February 4. Jen and her husband Russ, and big sister Alice Rose have welcomed a boy (7lb, 7oz) to the family. A note of thanks to Deet Turnage who has stepped up and is taking over for Jennifer. Deet is working with Colette Stukas. Both Deet and Colette welcome your input regarding meeting locations and menu selections.

Our March meeting features Barbara Reinhold, who will speak about Freeing Yourself to Succeed. This promises to be another educational, enlightening, and enriching WSN program. I look forward to seeing you all on March 1st.

Candace Sallale
WSN Chair

March speaker

Continued from page one

director of the Smith College Career Development Office, and now as the Director of the Executive Education for Women program at Smith. An author, she has published, *Free to Succeed: Designing the Life You Want In the New Free Agent Economy* and *Toxic Work: How to Overcome Stress, Overload and Burnout, and Revitalize Your Career*. She is an

internationally-known executive coach, career therapist, author, consultant and motivational speaker. She writes for iVillage.com and Monster.com, as well as consults to corporations, small businesses, non-profits and entrepreneurial ventures about managing human capital effectively for enhanced employee satisfaction and bottom line results.

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Elizabeth Scully: Weekenders Clothing/Silpada Jewelry

Liz Scully is single and lives with Redford, a loving 2-year old Cavalier King Charles Spaniel, and Callie, a cantankerous 7-year old calico cat.

Tell us about your career path: "I started out in the late 70's as a stockbroker and financial planner. I also specialized in retirement plans and ran a pension department for a regional brokerage firm. In later years I focused on marketing and communications for broker dealers. After 25 years in the investment business, it was time for a change. My career path is still in the making."

Connectively Speaking



- **Carla C. Cataldo**, Proposals, Etc., thanks **Joyce Parlapiano** for giving her opinion on a professional letter for one of her clients. If you want something done right, ask a busy WSN woman!
- **Rose Fidel** writes: I want to thank everyone who stopped at my table at the Holiday Market, as well as the orders that flow from the members at other times.
- **Karyn Bilezerian**, Silpada Designs, sends a big thanks for **Noelle Bonczek** of Amstar Mortgage for hosting a wonderfully successful jewelry party and for helping to secure another party booking
- **Joan Gagnon** and her family want to thank **Sharon Savage**, Cruises Inc., for her expertise in planning a wonderful vacation. Sharon's follow up before and after the cruise was outstanding

What are you doing now and why do you love it? "I am now offering Weekenders, fashions for women, and Silpada Designs, fine sterling silver jewelry. What I love about Weekenders, which I have worn for many years, is the ability to look great while being comfortable. I love having something in my closet at all times that goes together and looks good. I love having clothes that are washable and pack really well, not to mention that when I go on a trip I don't have to bring very many pieces because everything matches. I added the jewelry because it adds so much to the look of the clothing. And because women love jewelry, It's fun and I enjoy spending time with interesting

women. And it is the networking which has been the best part of being in a sales position."

What has been your biggest accomplishment in your business: "Getting out there and doing something totally new."

What is the contribution you would like to make with your work: Bring people together for sharing and smiles.

What do you need from WSN: The members of WSN can help me build my business by hosting a party in their home or office. By doing this, they introduce me to potential new customers and they receive free clothes or jewelry. At the same time, they have a fun evening with friends, family, or business associates.

*Nancy Cantor
Cantor Consulting*

New member welcome

Cathy Brennan
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Interested in joining WSN? There's an application on the website at www.wsninc.org or contact membership@wsninc.org

Raffle results

Thanks to our January and February donors we've brought in more than \$600 for the scholarship fund. Claudette Kokolski, Victoria Evans, Rose Fidel, Karen Folger, Heidi Caron-Guay, Wendy Juergens, Dionne Katinas, Joyce Parlapiano, Cheryl Reed, Sheila Rinaldi, Margot Rivelis, Liz Scully, Martha Whyte

March 1 Meeting
Lafayette House, Foxboro

Warm rolls and butter
Garden salad
Choice of:
Chicken marsala (veg & pot)
Broiled schrod (veg & pot)
Mixed vegetables (garlic & oil)

Warm apple pie a la mode
Coffee & tea

Getting to know each other . . . *Continued from page one*

program. I am the webmaster of: jewelry, nursery school, sisterhood and Hadassah chapter ...and a parenting/teaching site. I try and get together with my friends and play mah jongg but it seems I don't have enough nights.

• **Judy Switzer:** My husband Michael and I have been married for 20 years and live in Franklin. Michael works in systems at Staples and is an avid runner. I have three children. Erica, 15, a sophomore at Franklin High. Erica loves sports – soccer, lacrosse and skiing. Haley, 12, in the 6th grade at the Franklin Charter School. Haley is quite artistic and creative. Kyle is 6, in kindergarten at Kennedy School. He loves anything to do with Star Wars and keeps us all laughing! We enjoy our 10-month-old yellow lab, Cody. I love taking him for daily long walks and he loves his play group on Fridays. I took up tennis a year ago and love playing (although I don't play very well!!). I enjoy knitting, reading and spending time on Cape Cod (Pocasset). We like to ski a few times every winter.

• **Michelle M. Raymond, Esq.:** When I'm not an attorney or mediator, I am mom to two-year-old Zachary and soon-to-be mom of his little brother or sister due in June, 2006. Zachary is an active, adventurous boy who loves

trucks of all sizes, anything to do with water and his Pepere. He is excited about being a big brother. I am fortunate that I have a working arrangement that allows me to be home with him two to three days during the work week. During his waking hours, I can be full-time mom and wife to a husband who loves to cook. This means many late nights for me servicing my clients. I was blessed with a mother-in-law who was a model of strength, love and laughter. She taught her son, and me, the value of a close-knit family. Until her death in the summer of 2004, she taught me the value of being a mom and overcoming chronic illness and extreme pain with dignity and humor. Throughout her adult life, she suffered from lupus, which led to diabetes, over 20 heart attacks, kidney failure, dialysis and the loss of her leg days before her death. Over the past eight years, I have spent numerous nights (and days) in hospitals sharing the anguish of dealing with doctors and administrators while trying to provide support to my family through these experiences. It has been a challenge for us to adjust to her absence. I try everyday to never forget her lessons that laughter and a sense of humor can truly overcome any darkness.

• **Nancy Cantor:** I thought that when my only child, Greg, turned 10; I would have more time to devote to my business. Luckily, there

were other plans in process. My husband, Alan, and I promised, Greg, a dog for his 10th birthday. Now I am the proud mother of a chocolate lab, Cocoa, who needs walking, feeding, and loving on a regular basis. Also my mother has had her challenges and has gone from her home of 44 years, to assisted living, and now to a nursing home after breaking a hip. As her health care proxy, I am involved in day-to-day decisions as well as regular visits for moral support. Although 13 year olds are independent, I have found that being around is more important than ever. So much for new found freedom, but I am grateful to have such a full and fulfilling family life. It forces me to work smarter rather than harder or longer.

Upcoming Meetings

March 1 - Lafayette House

April 5 - Fashion Show: Glen Ellen Country Club

May 3 - Highland Counry Club

June 7 - Scholarship Awards dinner (Saphire Manor)



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